

About Mark Millar D.C.

Mark Millar D.C. is a retired Chiropractor with a unique understanding of Lithium Orotate. The recommendations and materials on this site represent his opinion based on over 5 years and 7,000 hours researching and writing about lithium and Lithium Orotate administration. The information and material provided on this website are for educational purposes only and any recommendations are not intended to replace the advice of your physician. The information contained on this website has not been evaluated by the Food & Drug Administration. It is not meant to diagnose, treat, cure or prevent any disease. You are advised to seek counsel from a licensed medical professional regarding the application of any recommendations noted on this website with regard to your symptoms or condition. It is important that you do not modify in any way, any medication or treatment without first consulting your physician.

Mission statement: The purpose and mission of *Operation Get Free*, is to assist our veterans in reducing the severity and suffering of Major Depressive Disorder (MDD), Post-Traumatic Stress Disorder (PTSD) and to *significantly reduce the number of veteran suicides that has become an epidemic in this country*. Lithium Orotate NOT Pharma-Lithium, is the solution to this unending veteran nightmare!

A recent CBS news investigation revealed the horrifying fact that *every day in this country approximately 18 veterans take their own life* (over 6,800/year) due to their inability to cope with the psychic pain that was permanently burned into their memory during extreme combat experiences. The overall rate of suicide present in the veteran population of all ages is over twice the rate of the general population. This daily rate of suicide (from all veterans, WWII forward to the present) is actually on the rise in recent years due to an extended 10-year war. A recent article in USA TODAY tells the tragic story!

Websites:

www.thelithiumdoctor.com

www.opgetfree.com

www.ptsdbreakthrough.com

www.stopveteransuicides.com