## **About Kira Young**

"I'm a poet, singer, mom, wife and, initially, unwilling expert in psychopathology. My personal mission is to help others heal from their encounters with psychopaths as well as to help others develop their own methodology for identifying psychopaths and eliminating them from their lives. This blog is for people who have an understanding of psychopathology. I am not interested in reinventing the wheel but in adding to the current dialog regarding psychopathology. If you have not read a single book about psychopathology, please do so before commenting. I suggest books by Robert Hare, Martha Stout and Thomas Sheridan. This blog is for those who are aware that psychopaths are running the show and want to co-create a better reality for ourselves, our families and our communities."

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