

About Katinka Newman

I'm Katinka, and thank you for visiting this site. I'm a documentary filmmaker from NW London, but it's not through my work that I discovered that antidepressants can steal lives. It's through personal experience, which has led me to publicise my story. Whenever I talk about the pill that steals lives, the first thing people say, is "What about all the lives that are saved?"

With over 100 million worldwide taking antidepressants, there is no doubt that sometimes these pills save lives. But they also steal lives. Permanently. Not just a few, but it's estimated many thousands around the world every year. And these are stolen lives that could so easily be saved if only people knew what the signs of drug toxicity are.

There are a significant amount of people who suffer severe adverse reactions to antidepressants drugs and these include aggression, hallucinations and psychosis. These are listed on the drug companies own product information and package inserts which state these adverse side effects occur for between 1 in 100 cases to 1 in 1000. Given the huge amount of people who take these pills - over 100 million worldwide, this is a serious problem. When people have an adverse side effect to antidepressants, they are not only at risk to themselves, but to others.

I experienced this at first hand. In fact, if I was to take an antidepressant right now I can guarantee that possibly within hours, and certainly within days, I would be seized with an uncontrollable urge to harm myself or others. And I'm not alone. Antidepressants have been linked to suicides and homicides around the world - billions have been paid out by drug companies to victims and there have been cases around the world where [courts have ruled](#) that antidepressants have caused people to kill.

thepillthatsteals.com is a non-for profit organisation dedicated to help people publicise their stories to promote public awareness of the deadly side effects of antidepressants and antipsychotics.