

## About KK Fowlkes

KK Fowlkes is a long time student of Ann Wigmore, who was the pioneer of the wheatgrass and the living food diet.

25 years ago KK attended the Ann Wigmore Institute in Boston.

In 1989 KK began growing wheatgrass commercially in Salt Lake City, Utah and maintained a greenhouse there until 1995.

Since that time, she has helped her children with an online business involving wheatgrass, sprouts, and organic seeds of all kinds. She has been vegan for 21 years and is presently transitioning to an all raw diet.